

My Personal Trade Plan

Name: _____

Date: _____

After completing this training program, what concrete and specific actions are you going to take?

My Ultimate Goal:

- I plan to start with \$_____ of capital.
- I plan to make _____ per _____ by _____.
- I plan to have \$_____ of capital by _____.
- I want to retire by the age of _____.

My Trading Plan:

- I will be able to commit _____ a day to trade, and will focus on the _____-term style of trading.
- I plan to focus on _____ setups on the _____ timeframe.
- I plan to take _____ trades a _____.
- I plan to risk _____% per trade, _____% open risk, and _____% per month.
- I plan to trade these products: _____

What additional actions will you take to improve your life and ensure your success?

My Personal Commitment:

- I will post frequently and take part in discussions in the forum ()
- I will try to read one new book a month ()
- I will spend time studying the database of setups ()
- I will start trading and follow strictly to my trading plan ()

List 5 New Daily Habits that You Will Commit to:

1. _____
2. _____
3. _____
4. _____
5. _____